

6-2 Harmonic oscillator

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$$H = \frac{p^2}{2m} + \frac{1}{2} m\omega^2 x^2$$

H can be represented as a product of two complex conjugate linear combinations of coordinate and momentum variables:

$$H = \omega \left(\sqrt{\frac{m\omega}{2}} x - i \frac{p}{\sqrt{2m\omega}} \right) \left(\sqrt{\frac{m\omega}{2}} x + i \frac{p}{\sqrt{2m\omega}} \right) + \underline{\underline{\frac{1}{2} \hbar \omega}}$$

Why this term? Because x and p do not commute!

$$\begin{aligned} & \left(\sqrt{\frac{m\omega}{2}} x - \frac{i p}{\sqrt{2m\omega}} \right) \left(\sqrt{\frac{m\omega}{2}} x + \frac{i p}{\sqrt{2m\omega}} \right) = \\ & = \frac{m\omega x^2}{2} + \frac{p^2}{2m\omega} + \frac{i}{2} \underbrace{(xp - px)}_{\hbar i} = \\ & = \frac{m\omega x^2}{2} + \frac{p^2}{2m\omega} - \frac{\hbar}{2} \end{aligned}$$

We can introduce two mutually hermitian conjugate operators

$$A = \sqrt{\frac{m\omega}{2\hbar}} x + i \frac{p}{\sqrt{2m\omega\hbar}}$$

$$A^\dagger = \sqrt{\frac{m\omega}{2\hbar}} x - i \frac{p}{\sqrt{2m\omega\hbar}}$$

- A and A^\dagger are dimensionless

- we used $x = x^\dagger$ and $p = p^\dagger$

Result: $H = \hbar\omega (A^\dagger A + \frac{1}{2})$
 ↑
 dimension
 energy

$$[A, A^\dagger] = 1$$

Commutation relations:

$$[H, A] = \hbar\omega [A^\dagger A + \frac{1}{2}, A] = \hbar\omega [A^\dagger A, A] =$$

$$= \hbar\omega (A^\dagger A A - \underbrace{A A^\dagger A}_{1 + A^\dagger A}) = \hbar\omega (A^\dagger A A - A - A^\dagger A A) =$$

$$= -\hbar\omega A$$

→ $[H, A] = -\hbar\omega A$, similarly $[H, A^\dagger] = \hbar\omega A^\dagger$

Proof: $(HA - AH)^\dagger = A^\dagger H^\dagger - H^\dagger A^\dagger = A^\dagger H - HA^\dagger =$
 $= -[H, A^\dagger]$ $H^\dagger = H$

Energy and A cannot be measured simultaneously (uncertainty principle)

$H|E\rangle = E|E\rangle \leftarrow$ eigenvalue problem for the energy
 $HA|E\rangle = AH|E\rangle - \hbar\omega A|E\rangle =$
 $= (E - \hbar\omega)A|E\rangle$

$A|E\rangle$ is also an eigenstate of H , but with energy lowered by $\hbar\omega$. Since the energy cannot be negative, there must be a state

$$A|0\rangle = 0$$

If this is true,

$$H|0\rangle = \hbar\omega \left(\underbrace{A^+A + \frac{1}{2}}_{\equiv 0} \right) |0\rangle = \frac{1}{2} \hbar\omega |0\rangle$$

zero-point energy

$$HA^+|0\rangle = (\hbar\omega A^+ + A^+H)|0\rangle = \hbar\omega \left(\frac{1}{2} + 1 \right) |0\rangle$$

↑ multiple applications of A^+ result
in rising energy by

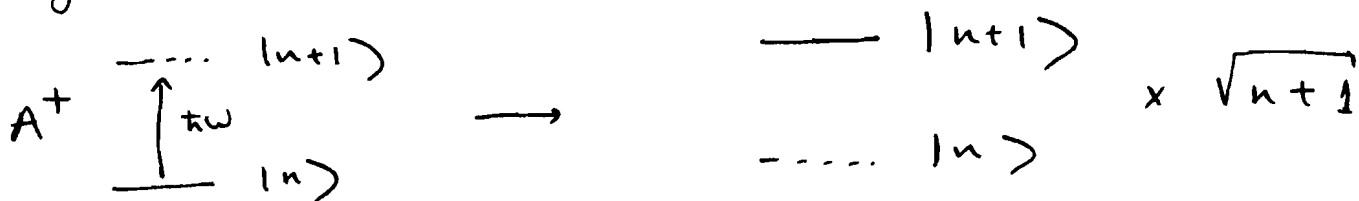
Normalized ket:

$$|n\rangle = \frac{1}{\sqrt{n!}} (A^+)^n |0\rangle$$

Useful properties

$$\begin{aligned} A^+|n\rangle &= \frac{1}{\sqrt{n!}} (A^+)^{n+1} |0\rangle = \frac{\sqrt{n+1}}{\sqrt{(n+1)!}} (A^+)^{n+1} |0\rangle = \\ &= \sqrt{n+1} |n+1\rangle \end{aligned}$$

A^+ , raising operator, moves the harmonic oscillator to the next energy level separated from $|n\rangle$ by the energy $\hbar\omega$



$$A|n\rangle = \frac{1}{\sqrt{n!}} (A A^\dagger) (A^\dagger)^{n-1} |0\rangle = \frac{1}{\sqrt{n!}} (1 + A^\dagger A) (A^\dagger)^{n-1} |0\rangle \quad 6-10$$

if you keep moving A down the chain of A^\dagger , you get a factor n :

$$\underbrace{A A^\dagger \dots A^\dagger}_n = n \underbrace{A^\dagger \dots A^\dagger}_{n-1} + (A^\dagger)^n A$$

$$A|n\rangle = \frac{n}{\sqrt{n!}} (A^\dagger)^{n-1} |0\rangle = \sqrt{n} \frac{1}{\sqrt{(n-1)!}} (A^\dagger)^{n-1} |0\rangle = \sqrt{n} |n-1\rangle$$

$A^\dagger n\rangle = \sqrt{n+1} n+1\rangle$ $A n\rangle = \sqrt{n} n-1\rangle$

Therefore, $A^\dagger A |n\rangle = A^\dagger \sqrt{n} |n-1\rangle = n |n\rangle$

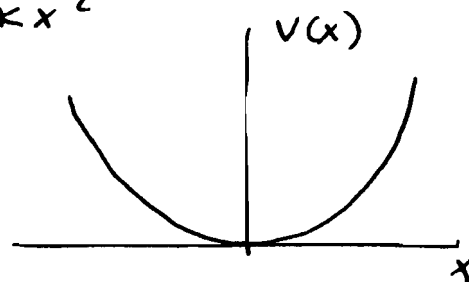
and

$$H |n\rangle = \hbar\omega \left(A^\dagger A + \frac{1}{2} \right) |n\rangle = \hbar\omega \left(n + \frac{1}{2} \right) |n\rangle$$

4-7 The harmonic oscillator

$$H = \frac{p^2}{2m} + V(x),$$

$$V(x) = \frac{1}{2} kx^2$$



SE:

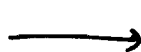
$$-\frac{\hbar^2}{2m} \frac{d^2 u}{dx^2} + \frac{1}{2} kx^2 u(x) = E u(x)$$

$$y = \sqrt{\frac{m\omega}{\hbar}} x, \quad \epsilon = \frac{2E}{\hbar\omega}$$

$$\boxed{\frac{d^2 u}{dy^2} + (\epsilon - y^2) u = 0}$$

↖ solution:

solution
exists only
for discrete
values of n



$$\boxed{\begin{aligned} \epsilon &= 2n + 1 \\ u(y) &= c H_n(y) e^{-y^2/2} \end{aligned}}$$

normalization constant ↖
Hermitian polynomial ↗

$$H_0(y) = 1$$

$$H_1(y) = 2y$$

$$H_2(y) = 4y^2 - 2$$

$$\epsilon_n = 2n + 1$$



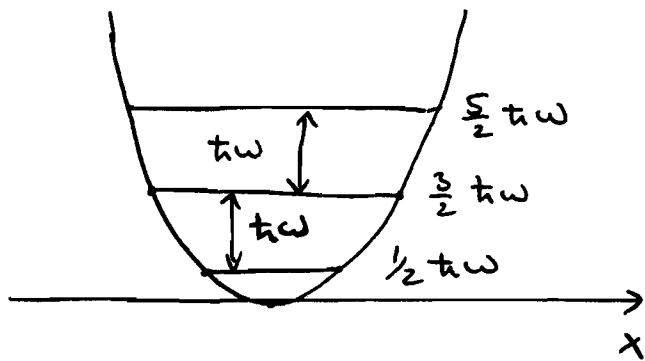
$$\boxed{E_n = \hbar\omega \left(n + \frac{1}{2}\right)}$$

Spectrum of energies of the
harmonic oscillator

Harmonic oscillator: properties

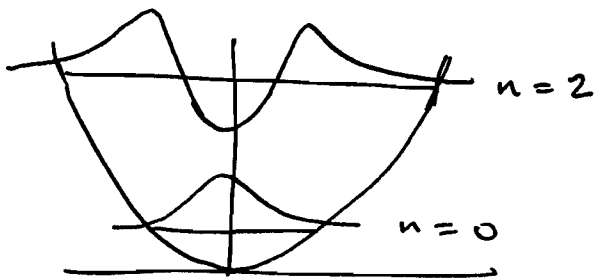
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①. Energies are separated by $\hbar\omega$



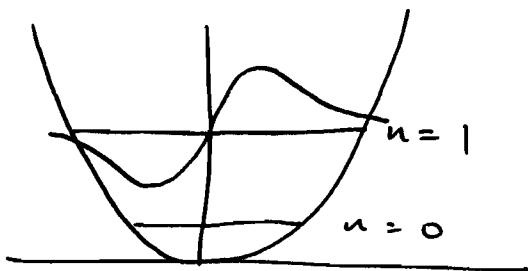
$n=0 \leftarrow$ zero-point energy,
nonzero because of
the uncertainty principle

②. Wave functions are even for $n=0, 2, 4, \dots$



$$u_{2m}(-x) = u_{2m}(x)$$

③. Wave functions are odd at $n=1, 3, 5, 7, \dots$



$$u_{2m+1}(-x) = -u_{2m+1}(x)$$

④. Operators algebra:

$$A^+ |n\rangle = \sqrt{n+1} |n+1\rangle$$

$$A |n\rangle = \sqrt{n} |n-1\rangle$$

$$A^+ A |n\rangle = n |n\rangle$$

$$\langle x | n \rangle = u_n(x)$$

$$\langle m | n \rangle = \delta_{mn}$$

$$\hat{H} = \left(A^+ A + \frac{1}{2} \right) \hbar\omega$$

$$\hat{H} |n\rangle = \hbar\omega \left(n + \frac{1}{2} \right) |n\rangle$$

Prove that $\langle n | \hat{x} | n \rangle$ and $\langle n | \hat{p} | n \rangle$ both vanish

$$\hat{x} = \sqrt{\frac{\hbar}{2m\omega}} (\hat{A} + \hat{A}^\dagger)$$

$$\hat{p} = \sqrt{\frac{\hbar m \omega}{2}} (\hat{A} - \hat{A}^\dagger)$$

$$\begin{aligned} \langle n | \hat{x} | n \rangle &= \sqrt{\frac{\hbar}{2m\omega}} \langle n | (\hat{A} + \hat{A}^\dagger) | n \rangle = \\ &= \sqrt{\frac{\hbar}{2m\omega}} \left(\underbrace{\langle n | \sqrt{n} | n-1 \rangle}_0 + \underbrace{\langle n | \sqrt{n+1} | n+1 \rangle}_0 \right) = 0 \end{aligned}$$

$$\begin{aligned} \langle n | \hat{p} | n \rangle &= \sqrt{\frac{\hbar m \omega}{2}} \langle n | \hat{A} - \hat{A}^\dagger | n \rangle \\ &= \sqrt{\frac{\hbar m \omega}{2}} \left(\underbrace{\langle n | \sqrt{n} | n-1 \rangle}_0 - \underbrace{\langle n | \sqrt{n+1} | n+1 \rangle}_0 \right) = 0 \end{aligned}$$

Example: Calculate $\langle n | x^2 | n \rangle$

$$\begin{aligned} \langle n | x^2 | n \rangle &= \frac{\hbar}{2m\omega} \langle n | \hat{A}\hat{A} + \hat{A}^\dagger\hat{A}^\dagger + \hat{A}\hat{A}^\dagger + \hat{A}^\dagger\hat{A} | n \rangle \\ &= \frac{\hbar}{2m\omega} \langle n | \hat{A}^\dagger\hat{A} + \hat{A}\hat{A}^\dagger | n \rangle = \frac{\hbar}{2m\omega} \langle n | 2\hat{A}^\dagger\hat{A} + 1 | n \rangle = \\ &= \frac{\hbar}{m\omega} \left(n + \frac{1}{2} \right) \end{aligned}$$

$\langle n | V | n \rangle = \langle n | \frac{P^2}{2m} | n \rangle$

$$\langle n | V(x) | n \rangle = \langle n | \frac{m\omega^2 x^2}{2} | n \rangle = \frac{\hbar\omega}{2} \left(n + \frac{1}{2} \right)$$

$$\langle n | \frac{P^2}{2m} | n \rangle = \langle n | H - V(x) | n \rangle = \frac{\hbar\omega}{2} \left(n + \frac{1}{2} \right)$$

6-3. Operators algebra and the Schrödinger equation

How do we get SE from the operator algebra?

By using the x -representation of the quantum states!

For harmonic oscillator:

$$\langle x | A | 0 \rangle = 0$$

$$\langle x | \hat{x} + \frac{\hat{p}}{m\omega} | 0 \rangle = 0$$

$$\langle x | \hat{x} | 0 \rangle = \langle \hat{x} x | 0 \rangle = x \langle x | 0 \rangle = x u_0(x)$$

\hat{x} is a Hermitian operator

↑
wave function of the ground state in x -representation

$$\langle x | \hat{p} | 0 \rangle = \int_{-\infty}^{\infty} dp \langle x | \hat{p} | p \rangle \langle p | 0 \rangle =$$

$$= \int_{-\infty}^{\infty} dp p \langle x | p \rangle \langle p | 0 \rangle = \int_{-\infty}^{\infty} dp p \frac{1}{\sqrt{2\pi\hbar}} e^{ipx/\hbar} \langle p | 0 \rangle =$$

$$= \frac{\hbar}{i} \frac{d}{dx} \int_{-\infty}^{\infty} dp \langle x | p \rangle \langle p | 0 \rangle = \frac{\hbar}{i} \frac{d}{dx} \langle x | 0 \rangle$$

$$\left(x + \frac{\hbar}{m\omega} \frac{d}{dx} \right) u_0(x) = 0 \rightarrow$$

$$u_0(x) = C e^{-m\omega x^2/2\hbar}$$

Normalization:

$$c^2 \int_{-\infty}^{\infty} dx \exp\left(-\frac{m\omega x^2}{\hbar}\right) = c^2 \sqrt{\frac{\pi\hbar}{m\omega}} \rightarrow c = \left(\frac{m\omega}{\pi\hbar}\right)^{1/4}$$

Finally:
$$u_0(x) = \left(\frac{m\omega}{\pi\hbar}\right)^{1/4} \exp\left(-\frac{m\omega x^2}{2\hbar}\right)$$

Deriving the Schrödinger equation:

$$\langle x | \frac{\hat{p}^2}{2m} + V(\hat{x}) | E \rangle = \langle x | \hat{H} | E \rangle = E \langle x | E \rangle$$

$$\langle x | V(\hat{x}) | E \rangle = \langle V(\hat{x}) x | E \rangle = V(x) \langle x | E \rangle$$

$$\langle x | \hat{p} | E \rangle = \int_{-\infty}^{\infty} dp \langle x | \hat{p} | p \rangle \langle p | E \rangle =$$

↑
completeness relation

$$= \int_{-\infty}^{\infty} dp p \langle x | p \rangle \langle p | E \rangle = \frac{\hbar}{i} \frac{d}{dx} \langle x | E \rangle$$

$$\langle x | \hat{p}^2 | E \rangle = \left(\frac{\hbar}{i} \frac{d}{dx}\right)^2 \langle x | E \rangle$$

$$\begin{aligned} \langle x | \hat{H} | E \rangle &= -\frac{\hbar^2}{2m} \frac{d^2}{dx^2} \langle x | E \rangle + V(x) \langle x | E \rangle = \\ &= E \langle x | E \rangle \end{aligned}$$

SE is a particular x, E -representation of a more general operators algebra

6-4. Time-dependent operators

We have shown that operators algebra can replace the wave function $\psi(x)$ in solving quantum problems. How about time evolution?

$$SE: \quad i\hbar \frac{\partial |\psi\rangle}{\partial t} = H |\psi\rangle$$

$$\text{Solution:} \quad |\psi(t)\rangle = e^{-iHt/\hbar} |\psi(0)\rangle$$

↑
quantum state at $t=0$

What is $e^{-iHt/\hbar}$?

This is an operator defined through the Taylor expansion of the exponent:

$$e^{-iHt/\hbar} = \sum_{n=0}^{\infty} \frac{1}{n!} (-iHt/\hbar)^n$$

Expectation value:

$$\langle B \rangle_t = \langle \psi(t) | B | \psi(t) \rangle =$$

$$= \langle e^{-iHt/\hbar} \psi(0) | B | e^{-iHt/\hbar} \psi(0) \rangle$$

$$= \langle \psi(0) | \left(e^{-iHt/\hbar} \right)^\dagger B e^{-iHt/\hbar} | \psi(0) \rangle =$$

$$\left(e^{-iHt/\hbar} \right)^\dagger = e^{iH^\dagger t/\hbar} = e^{iHt/\hbar}$$

H is a hermitian operator

$$= \langle \psi(0) | B(t) | \psi(0) \rangle$$

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where

$$B(t) = e^{iHt/\hbar} B e^{-iHt/\hbar}$$

↗
This is the essence of the Heisenberg picture:
operators evolve in time instead of
wave functions

$$\begin{aligned} \frac{dB(t)}{dt} &= \frac{i}{\hbar} H e^{iHt/\hbar} B e^{-iHt/\hbar} + \\ &+ e^{iHt/\hbar} B e^{-iHt/\hbar} \left(-\frac{i}{\hbar} H \right) = \\ &= \frac{i}{\hbar} (HB(t) - B(t)H) = \frac{i}{\hbar} [H, B(t)] \end{aligned}$$

Evolution equation for operators:

$$\boxed{\frac{dB(t)}{dt} = \frac{i}{\hbar} [H, B(t)]}$$